### WEST WALES REGIONAL ATHLETICS COUNCIL

**Hon Sec: Nathan Jones** 

Chairman: Dr DH Davies, MBE Treasurer: Louisa Davies

# Meeting of the West Wales Regional Athletics Council Held at Carmarthen Leisure Centre, Wednesday 28 November 2018.

**PRESENT:** Hedydd Davies, Nathan Jones, Louisa Davies, Andrew Jenkins, Donald Melrose, Rob Campion, Dic Evans, Sue Alvey, Judith Gooding

# Four clubs were represented.

### 01. APOLOGIES FOR ABSENCE

Apologies were received on behalf of Liz Rowland, Colin Davies, Jo Salmon

## 02. MINUTES OF PREVIOUS MEETING

The minutes of the meeting of 24 September were checked for accuracy. The minutes were accepted as a true record.

## 03 MATTERS ARISING FROM MEETING ON 24 SEPTEMBER

- 3.1 No further update on permanent photofinish being installed at Swansea University. A few of the factors includes maintenance, operating and cost.
- 3.2 Progress has been made on including 200-1500m events into the Junior Open Meeting in Cardiff. The 200,300 and 400 takes place on Sunday 2nd December with the distance events on 6th January. Andrew Jenkins will be there to present the medals.
- 3.3 It's been decided to combine the LA Gerald Codd Trophy Match with the first Louise Arthur League meeting in May 2019 at Haverfordwest.
- 3.4 It was agreed to continue to support athletes at the UK Inter-Counties at Loughborough in March, with a £25 travel donation per athlete decided.
- 3.5 Wales Wales Indoor Championships in January all in place.

## 04 CORRESPONDANCE

No correspondence received.

## 05 TREASURER'S REPORT

5.1 Louisa Davies circulated by e-mail the latest Treasurer's report up to the 21st of November. At the end of that period, the balance in the current account was £3,071.11 and the saver account of £15,428.37. YDL income recently received is to be added to this. The region currently has a healthy balance.

It was agreed to find ways of using the money to good use, with some of the ideas including regional initiative workshops, grassroots school coaching days as well as the annual events that West Wales contribute towards and organise – championships, transport, mentor fees,

Inter-Counties support and Youth Development League. Action: Nathan to contact WA for a template of the Development Plan.

Action: Andrew to put together a Development Plan of this year's plans to be agreed at next meeting.

## 06 REPORTS

### 6.1 a) General Council

Sue reported from the recent General Council which members felt that communication from General Council down to regional councils and clubs needs improvement. Difficult if clubs are not involved in the Regional council meetings. West Wales vacancies was also brought up – the region currently does not have a licensing officer etc but has been advertised on the website by now.

## 6.2 **b) Track and Field Committee**

Judith reported from the Track and Field Committee and commented on the lack of representatives at meetings. It was asked if meetings could move around different venues however the technology that's needed is available in Cardiff. The committee now uses Skype to connect with members unable to attend the meeting.

## 6.3 c) Officials Committee

Donald reported that over 200 e-mails have been sent out to officials who have trained and been on courses but have not progressed to a L1. The indoor competition chiefs are in place. At the LA AGM on 21/11/18, it was agreed to allocate points to club's totals as done in YDL.

# 6.4 d) Endurance and Road Running Committee

Last meeting was held in October, Next meeting in Swansea on 5th December

## 6.6 e) Fell & Mountain Running Committee

Dic was unable to be at the last meeting, therefore no update. Dic continues to work on bringing a mountain race to Pembrokeshire, West Wales have not hosted this sort of region championship.

## 6.7 **f) Welfare Officer**

Sue reported that clubs need to ensure that their club constitution clearly sets out how they will deal with disciplinary cases and complaints. Help with these documents available on the clubs portal.

## 07 CLUB NETWORK OFFICER

7.1 Andrew Jenkins reported on his latest visits and future plans. It's been a busy few months of cross-country meetings and training sessions. The ADC Run Jump Throw has gone from strength to strength and has sold out this year. Official course has been put on for free at Swansea and courses will be put on at venues if clubs ask.

The WA High and Triple Jump Development sessions went well in Swansea last weekend. Some of the upcoming events before Christmas includes Leading Athletics course in Aberystwyth, West Wales Indoor Championships, West Wales Endurance Day in Swansea and the Afan Nedd Tawe Schools Sports Hall in December.

#### 08 09 REGIONAL & INTER REGIONAL MATTERS

West Wales Indoor Athletics Championships booked for the 12th and 13th of January at Swansea. 21 entries have been received to date with all entries again being done online. First Aid covered.

£25 West Wales donation continue to be made to the athletes that go to the UK Inter-Counties XC. However, it was agreed that a form will be given out to athletes as they collect numbers if they want to claim (electronically) instead of using cheques as in 2018. Rob Campion agreed to be the team manager on the day, Nathan to enter names online by end of January.

Red Kite Challenge will be back on 4th May at Devils Bridge whilst the West Wales Outdoor Championships is booked for Saturday 11th May (moved a day earlier than scheduled due to British League on the Sunday.)

Andrew Lloyd-Hughes resigned as Dyfed Network Officer last month with no sign of replacement. Hedydd has written to WA to ask what's happening.

West Wales XC Championships in Pembrey went well with teams selected for the Welsh Inter-Regionals 8th December (Llandrindod)

Welsh Athletics have taken over the Mini Marathon selection in 2019 and will bring in four-time trial races in all four regions with a selection criteria in place. Feedback will be welcomed from athletes/coaches/parents to improve future selection races.

The Welsh Inter-Regional Athletics Championships will be in Aberdare next summer. It has been proposed to remove U20/Senior age group next year. Regions will be asked to give their views which West members agreed that they'd like to still see the age group retained as if it wasn't there, what other competition would be there for U20 & Seniors?

The Gerry Batty Award for most improved U20 athlete during 2017/18 had been open for clubs to nominate for a few months. A total of five good nominations were received and discussions took place at the meeting. It was decided by a vote to award the Gerry Batty Award this year to U15 Adam Beer as most improved in performance over the season just gone. (Llanelli AC)

### 10 ANY OTHER BUSINESS

All clubs are reminded that new safety rules with hammer cages to be modified by 2020/2021. The details are online.

# 11 DATE OF NEXT MEETING

The next meeting will be held on Monday 21st January at Carmarthen Leisure Centre at 7.00pm.

Nathan Jones Hon Secretary